

Professional Bio:

Marilee Bresciani Ludvik, Ph.D. serves as a professor of postsecondary educational leadership at San Diego State University. Prior to that, she served as Assistant Vice President of Institutional Assessment at Texas A & M University and in a variety of student affairs, academic affairs, and alumni relations leadership roles at various types of institutions. As a faculty volunteer, Bresciani Ludvik serves on San Diego State University's Student Learning Outcomes and Programmatic Assessment Committee, and has served on the university's Student Success Working Group. She has assigned time to work within the recently established Office of Educational Effectiveness at San Diego State where she assists in connecting student learning and development outcomes to equity performance indicators in a manner that can inform improvements in in-class, out-of-class, and program design and delivery. Bresciani Ludvik also volunteers her time on the California State University 2025 Data-Driven Decision-Making Task Force and the San Diego State University Data Champions research group.

Marilee has written 12 books, published over 200 scholarly articles, and empowered over 200 institutions and their leaders on organizational learning assessment and accountability decision-making processes. In addition, Marilee assists organizational leaders identify and leverage opportunities to collaborate across division lines, using mindfulness-based inquiry practices, nonviolent communication, difficult conversation practices, paradigm busting processes, compassion practices, restorative justice, and design thinking.

Furthermore, Marilee is a certified meditation and yoga instructor, certified Search Inside Yourself Leadership Institute teacher (the program developed at Google), and a Qualified Mindfulness-Based Stress Reduction teacher on the certification path. Marilee is also a certified transformational life coach who uses the evocative method. Marilee's research focuses on using translational neuroscience and mindful compassion practices to inform the design and evaluation of workshops, curriculum, and coaching practices to decrease students', faculty, and administrators' stress and anxiety while also increasing their attention and emotion regulation, cognitive flexibility, and enhancing compassion towards self and other, inquiry, creativity, and overall well-being.

Dr. Bresciani Ludvik's work has been honored with awards such as the International Association for Student Personnel Pillar of the Profession Award in 2012, the International Association for Student Personnel George Kuh Award for Outstanding Contribution to Literature/Research in Higher Education in 2013, the American College Personnel Administrators Diamond Honoree in 2016, the UNESCO/MGIEP Senior Research Fellow in 2017, and the International Association for Student Personnel Robert H. Shaffer Award for Academic Excellence as a Graduate Faculty Member in 2019.

Marilee is thrilled that she gets to empower educators, staff, administrators, and student leaders to get in touch with their passions so they can positively transform their lives and the lives of those they serve!